



7th October 2020

Dear Families,

We thought we would take the opportunity to share with you the 'systems of control' in relation to COVID-19 (detailed below) which we are following to ensure we are effectively reducing risks and creating an inherently safer environment for everyone.

Prevention:

- 1) Minimise contact with individuals who are unwell by ensuring that those who have coronavirus (COVID-19) symptoms, or who have someone in their household who does, do not attend settings.
- 2) Use of face coverings
- 3) Clean hands thoroughly more often than usual.
- 4) Ensure good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach.
- 5) Introduce enhanced cleaning, including cleaning frequently touched surfaces often using standard products, such as detergents and bleach.
- 6) Minimise contact between groups where possible.
- 7) Where necessary, wear appropriate personal protective equipment (PPE).

Response to any infection:

- 8) Engage with the NHS Test and Trace process.
- 9) Manage confirmed cases of coronavirus (COVID-19) amongst the setting community.
- 10) Contain any outbreak by following local health protection team advice.
- 11) Notify Ofsted.

In addition, please find further guidance below from the NHS in relation to the NHS Test and Trace process – **please do take the opportunity to read through this**. We appreciate some of you will have older children at school and may well have received this information in recent days however we want to make sure you are kept as informed as possible.

One important part of ensuring the safety and wellbeing of children, parents, staff and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at

the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, please follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
 1. a high temperature: any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. 2. a new continuous cough: coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
 3. 3. a loss of, or change in, sense of smell or taste: a noticeable loss of smell or taste or things smell and taste different to normal

- Your child does not need a test if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.

- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly: www.nhs.uk/conditions/coronavirus-covid-19/symptoms/

- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.

- If the person with symptoms' test comes back positive, other members of their household should continue self-isolating for 14 days and only get a test if they develop coronavirus symptoms.

- If a child tests positive for coronavirus, anyone who is advised to self-isolate does not require a test unless they subsequently develop symptoms.

No one else needs to take any action unless advised by Playgroup. Playgroup has detailed guidance and access to a Department for Education and Public Health England helpline for advice and support. Contacts of a person who has tested positive must follow the guidance carefully and in full, which means they must stay at home for 14 days. This is because it can take several days following contact with an infected person before an individual develops symptoms or the virus can be detected.

We hope you find this information useful however any queries, please direct these to:
contact@amberleyplaygroup.co.uk

Finally (and on a much more positive note!!), we hope the children are enjoying their time with us so far and we will be sure to keep in touch with any further updates!

Yours sincerely

Kate Anderson
For and behalf of Amberley Playgroup Committee

